

St. Louis Senior Olympics

Handball & Racquetball Rules

ENTRIES

1. A contestant may not duplicate any one event in two different age groups.

EQUIPMENT AND SCHEDULES OF MATCHES

1. Full eye guards with impact resistant polycarbonate lenses or shatterproof glasses are mandatory.
2. A schedule of first round play will be available at the information desk prior to opening of play.
3. During playing hours, match schedules will be available at the courts.
4. Players must expect to play AT LEAST one match per event day.

PLAYING RULES

1. All handball matches will be conducted in accordance with USHA Rules. All racquetball matches will be conducted in accordance with AARA Rules.
2. A 15-minute default time will be strictly enforced.
3. Warm-up will be limited to a maximum of 10 minutes.
4. All matches will be decided by the best two out of three matches.
5. The first two games of each match will be to 15 points. If a third game is required to break a tie, it will be played to 11 points. The person to serve first will be the one who has earned the most points in the first two games.
6. All participants will be required to be referees for the matches in another age group.

TIE BREAKER

- 1) Head to Head Competition
- 2) Most Games/ Sets Won
- 3) Most Points Scored