

St. Louis Senior Olympics

Soccer Kick Rules

1. Each contestant will be allowed 10 shots. Women - 10 yards, Men - 12 yards. Men and women 80+ years move up 3 yards (Women, 7 yards; Men, 9 yards).
2. Each shot must be taken with the soccer ball while it is stationary and in contact with the designated line.
3. Scoring will be as follows:
 - 1 Point - each of the lower corners
 - 3 Points - each of the upper corners
 - 2 Points - for the center circle
4. In order for a shot to be scored, the ball must pass completely over the goal line.
5. The ball: Official FIFA approved ball.
6. In case of a tie, the individual with the most shots that scored points will be the winner. If a tie still persists:
 - 2) Most 3 points will be awarded a higher place
 - 3) Most 2 points made