

# St. Louis Senior Olympics

## Softball Homerun Derby Rules

### GENERAL INFORMATION

1. Contestants must use official ball furnished by Senior Olympics.
2. Participants are encouraged to bring their own bats, but Senior Olympics will provide a few bats.

### PLAYING RULES

1. Participants will have 3 practice swings.
2. The distance required to hit a homerun will be as follows:

Men	Women
50-59 ~ 210 feet	50-59 ~ 120 feet
60-69 ~ 200 feet	60-69 ~ 90 feet
70-79 ~ 120 feet	70+ ~ 30 feet
80+ ~ 45 feet	

3. Each batter will get only one chance to hit his/her homeruns.
4. If the batter does not hit a homerun, one extra ball will be hit and the distance measured to ensure that each person has a score for results.
5. In case of a tie, the player with the most consecutive homeruns will be declared the winner. If a tie still remains, the player achieving the consecutive series earlier in the 10 swings will be the winner.