

St. Louis Senior Olympics

Water Volleyball Rules

Players	9 per team, co-ed
Age ranges	50-59, 60-69, 70+
Court Size	41'8" x 20'10"
Pool Depth	4 ft.
Ball Size	20" inflatable beach ball
Net height	4 ft. from deck
Water temp.	85-86 degrees
Boundaries	A ball that hits the net is considered still in play (this includes serving) A ball that hits the back line is considered out A ball that hits the side of the pool is considered out A ball that hits the ceiling is considered out A ball that hits the net pole is considered out Players cannot touch or cross under the net at any time
Time Limit	1 hour for best of three game Note: Event Staff may adjust game times to ensure participation of all teams.
Serving	Server may move up to a line within 10 feet from the net while serving A serve is defined as any strike made with the hand. Throws/pushes are not allowed. A serve must make it over the net. Net serves are considered still in play.
Returning	A team may employ an unlimited number of hits when returning a volley. The same player may make multiple consecutive hits on the ball. No catching, lifting, holding or throwing allowed (at the ref's discretion)
Scoring	Play to 15 points. Best of 3 matches (rally scoring for time)
Spiking	From the front row only. No reaching over the net
Rotation	Server goes to the front line, then zig-zags back in an S-pattern. A minimum of four women must be in rotation for each team at all times. If a player rotates out, he must be replaced by a player of the same gender.
Substitution	Server exits, substitute enters rotation in his/her place
Tie Breaker	In case of a tie in Round Robin tournament, most wins declares the winner. If still a tie, head to head competition. If a tie persists, most points score in all Games.