

# St. Louis Senior Olympics 1980 – 2009 RECORDS

Sponsored by:



Results courtesy of Bergman, Schraier & Co., P.C.

## BEST TIMES AND DISTANCES 1980-2009

\* Indicates new record this year

### ARCHERY

75-79: Earl Hoyt	788	80-84: William Grant [95]	659
80-84: Paul S. Jeffries [02]	720	85-89: John C. Fruhwirth [96]	617
85-89: Earl Hoyt	568	90-94: John C. Fruhwirth [02]	562

### Compound Bows/Fingers

<b>Women</b>	
55-59: Norma Abernathy	553
65-69: Florence Berry	699
70-74: Wanda Mehaffy [07]	718
75-79: Meredith Probst	171
80-84: Meredith Probst	36

<b>Men</b>	
50-54: Bill MacKeen	801
55-59: William A. Kirk	816
60-64: William A. Kirk	820
65-69: William A. Kirk [02]	786
70-74: Winston Parkinson	804
75-79: Winston Parkinson	789
80-84: Winston Parkinson	756
85-89: Winston Parkinson [06]	689

### Compound Bows/Release

<b>Women</b>	
55-59: Wanda Mehaffy	809
60-64: Wanda Mehaffy	813
65-69: Maxine Bots[04]	859

<b>Men</b>	
50-54: Bill Myers [02]	876
55-59: Steve Lash	879
60-64: Harold Van Sant [02]	865
65-69: James Bots[04]	860
70-74: Arthur Eschbach	849
75-79: Arthur J. Eschbach	811
80-85: Arthur J. Eschbach [05]	794

### Recurve Bows/Fingers

<b>Women</b>	
55-59: Maxine Bots	779
60-64: Ann Hoyt	786
65-69: Ann Hoyt	802
70-74: Ann Hoyt	795
75-79: Ann Hoyt	781
80-84: Ann Hoyt [03]	692
<b>Men</b>	
55-59: W. Wooten	835
60-64: J. C. Spelce, Jr	798
65-69: J. C. Spelce, Jr	776
70-74: Earl Hoyt	803

### BOWLING

#### Singles - Scratch

<b>Women</b>	
50-54: Mary Jablonski [97]	585
55-59: Betty Arbeiter [92]	717
60-64: Betty Arbeiter [93]	636
65-69: Mary Leavitt [99]	639
70-74: Lucille Sandman [87]	597
75-79: Marie Kotowski [96]	628
80-84: Lily B. McIntosh [93]	538
85-89: Ethel Dubinsky [98]	433
90-94: Edna Edwards[04]	417

<b>Men</b>	
50-54: Thomas Gilyon [97]	760
55-59: Francis Vien [93]	770
60-64: John A. Seckman [01]	760
65-69: Tom Williams [01]	747
70-74: Edward Baker [96]	728
75-79: Edward Crustals [00]	738
80-84: Fred Haas [93]	697
85-89: Leo DiProspere [96]	524
90-94: Leslie Boos [96]	487

#### Singles - Handicap

<b>Women</b>	
50-54: Susan Goodrich [97]	638
55-59: Betty Greiwe [90]	684
60-64: Ida Mae Walcott [90]	704
65-69: Walterene Dougherty [90]	703
70-74: Janice Johnson [86]	689
75-79: Pat Leve [90]	690
80-84: Bertha Ostrowsky [93]	637
85-89: Dolores Meyer [00]	579

<b>Men</b>	
50-54: Charles Brendell, Jr. [96]	711
: Roger Popwell [97]	711
55-59: Steve Smith [97]	806
60-64: Louis Kurlandski [97]	779
65-69: Richard Holubek [92]	718
70-74: Oliver Biederman [90]	724
75-79: Leo Pevnick [96]	696

#### Doubles - Scratch

<b>Women</b>	
50-54: Linda R Jones [08]	1188
: Karen A Leonard	
55-59: Mary Anne Mueller [00]	1092
: Judy Seckel	
60-64: Betty Arbeiter [96]	1134
: Charlotte F. Pyle	
65-69: Dorothy Gerling [99]	1101
: Vi Spano	
70-74: Juanita Larmore [93]	1003
: Helen Woods	
75-79: Regina M. Hatfield	859
: Virginia Smith	
80-84: Dorothy Friend [99]	826
: Jean Kautzmann	

<b>Men</b>	
50-54: Thomas Dawson [04]	1464
: Bob Jenner	
55-59: Warren Mehrtens [00]	1345
: Earl Murphy	
60-64: Buzz Gerber [99]	1420
: Jerry A. Wood	
65-69: Richard A. Simmons [00]	1304
: Tommy Williams, Sr.	
70-74: Francis Hritz [97]	1365
: Leonard Lazarcheff	
75-79: Edward Crustals [00]	1273
: Clifford Druse	
80-84: Edward Crustals [05]	1199
: Clifford Cruse	

#### Doubles - Handicap

<b>Women</b>	
50-54: Gloria D. Bowen [00]	1251
: Zerietta Coleman	
55-59: Maggie Kennon [97]	1179
: Eileen Muesing	
60-64: Richelle Farb [98]	1211
: Elaine Rudolph	
65-69: Helen Clifton [97]	1251
: Kay Ralston	

70-74: Maryann Burgess[04] 1159  
 : Helen Eiceman  
 75-79: Olive Bennet[03] 1152  
 : Rainy Stephens

**Men**

50-54: Brian Forbes [97] 1299  
 : Thomas Gilyon  
 55-59: Jack Thompson [96] 1303  
 : Everett G. Woodland  
 60-64: John Dieckmeyer [93] 1354  
 : Ormand Frank  
 65-69: Harold Hart [01] 1323  
 : Norman D. Hart  
 70-74: Vernon Bacon [01] 1272  
 : Robert C. Hewitt  
 75-79: Louis Malin [98] 1163  
 : Gene B. Pattiz

**Mixed Doubles - Scratch**

50-54: Andrea Mathews[03] 1310  
 : Craig Mathews  
 55-59: Euell Weems [97] 1204  
 : Jean Weems  
 60-64: Patricia Wolk [96] 1197  
 : Robert L. Wolk  
 65-69: Steve Hirschmugl [01] 1167  
 : Marian Woolsey  
 70-74: Oscar Cohen [06] 1104  
 : Mary Leavitt  
 75-79: Ed Stephens [01] 1059  
 : Rainy Stephens  
 80-84: Angelina McBee[04] 1011  
 : Owen McBee

**Mixed Doubles - Handicap**

50-54: Bob Stewart [97] 1293  
 : Jackie Stewart  
 55-59: Chuck Lewis [98] 1279  
 : Melba Lewis  
 60-64: Doris Cassell [96] 1283  
 : Allen Warth  
 65-69: Joanne Herzog [97] 1259  
 : Clarence Nelson  
 70-74: Ed Lanser [06] 1247  
 : Martha Lanser  
 75-79: Richard Servant, Jr. [00] 1229  
 : Rosalie Servant  
 80-84: Helen Scissors [97] 1131  
 : Sol Scissors

**CYCLING**

**1/4 Mile Race**

**Women**

50-54: Janet Wilkening 38  
 55-59: Lynn Metzinger 38  
 60-64: Ruth Merrins 38  
 65-69: Margareta Lambert 43  
 : Charlene McMenemy [04] 43  
 70-74: Billie Teneau 46  
 75-79: Genevieve Brackman 53  
 : Billie Teneau [02] 53  
 80-84: Billie Teneav [08] 49:99  
 85-89: Cleo Milligan 1:04

**Men**

50-54: Ed Putney, Jr.[01] 32  
 55-59: Ray Ellis 29  
 60-64: Edward Schrader 32  
 65-69: Edwin Putney 32  
 70-74: Howard Christopherson 35

75-79: Edwin M Putney 39  
 80-84: Edwin M. Putney 39  
 85-89: Edwin M. Putney [01] 41  
 90-94: Edwin Putney [06] 57:53

**One Mile Race**

**Women**

50-54: Janet Bassel [08] 2:44  
 55-59: Charlene McMenemy 2:25  
 60-64: Charlene McMenemy [01] 2:22  
 65-69: Sister Madonna Buder 2:40  
 70-74: Sr Madonna Buder[02] 3:03  
 75-79: Billie Teneau [01] 3:16  
 80-84: Bea Johns [01] 3:48  
 85-89: Cleo Milligan 4:49  
 90-94: Cleo Milligan 5:53

**Men**

50-54: Ed Putney, Jr. [01] 2:06  
 55-59: Stephen Lochmoeller [04] 1:58  
 60-64: Gene Penzel 2:07  
 65-69: Phil Quinn [01] 2:13  
 70-74: Robert Cohn [01] 2:10  
 75-79: Kenneth Messersmith [01] 2:26  
 80-84: Edwin M. Putney 2:34  
 85-89: Edwin M. Putney [01] 2:24  
 90-94: Edwin Putney [06] 3:49:60

**Five Kilometer Race**

**Women**

50-54: Janet Bassel [08] 8:17  
 55-59: Charlene McMenemy 9:34  
 60-64: Sister Josepha Schaeffer 9:12  
 65-69: Charlene McMenemy[03] 9:26  
 70-74: Sr Madonna Buder[02] 9:45  
 75-79: Madonna Buder [08] 9:50  
 80-84: Billie Teneau [08] 12:18  
 85-89: Cleo Milligan 15:50

**Men**

50-54: Joe C Switzer [08] 7:16  
 55-59: Kevin Brennan [08] 6:55  
 60-64: Gary L Carr [08] 7:12  
 65-69: Don Eberle 7:33  
 70-74: Ron Davis [08] 8:41  
 75-79: Edwin M Putney 9:19  
 80-84: Edwin M. Putney 9:47  
 85-89: Edwin M. Putney [04] 10:00  
 90-94: Edwin Putney [06] 10:52:53

**Five Mile Race**

**Women**

50-54: Deb Schopp [06] 14:05:90  
 55-59: Charlene McMenemy 15:40  
 60-64: Charlene McMenemy 15:44  
 65-69: Charlene McMenemy[05] 15:05  
 70-74: Sr Madonna Buder [02] 15:21  
 75-79: Billie Teneau [01] 15:28  
 80-84: Billie Teneau [09] 20:38\*  
 85-89: Cleo Milligan 24:57

**Men**

50-54: John S Cottrell [07] 11:54.74  
 55-59: Michael Murray 11:05  
 60-64: Gary Carr [09] 12:05\*  
 65-69: Edwin Putney 12:00  
 70-74: Hugh Steavenson 13:20  
 75-79: Edwin M Putney 15:18  
 80-84: Edwin M Putney 15:34  
 85-89: Edwin M. Putney [03] 16:58  
 90-94: Edwin Putney [06] 17:28:20

**FOOTBALL THROW DISTANCE**

**Women**

50-54: Concetta Strobach [01] 106'10"  
 55-59: Concetta Strobach [02] 91'00"  
 60-64: Helen Damall 89'08"  
 65-69: Helen Stephens 77'02"  
 70-74: Jacqueline Schapp 74'00"  
 75-79: Libby (Ruth) McCants 58'08"  
 80-84: Claire Vieth 49'00"  
 85-89: Claire Vieth 36'01"

**Men**

50-54: Tarry Cory [02] 166'06"  
 55-59: David Norton 182'06"  
 60-64: Herb Schettler 158'10"  
 : Don Mather 158'10"  
 65-69: Bud Levy 145'01"  
 70-74: Herschel Smith 137'10"  
 75-79: Herschel Smith 130'06"  
 80-84: Herschel Smith 124'10"  
 85-89: Bruce McDonald[04] 90'06"  
 90-94: Bernard Pisciotta [04] 40'04"

**SOFTBALL THROW DISTANCE**

**Women**

50-54: Connie M Strobach 159'00"  
 55-59: Connie M Strobach [02] 132'06"  
 60-64: Connie M Strobach [08] 135'3"  
 65-69: Jacqueline Schapp 119'03"  
 70-74: Jacqueline Schapp 100'04"  
 75-79: Lenora A. Brunner 80'00"  
 80-84: Claire Vieth 67'04"  
 85-89: Claire Vieth 55'03"

**Men**

50-54: Tarry Cory [02] 250'00"  
 55-59: Raymond Schumann 241'04"  
 60-64: Raymond Schumann 216'01"  
 65-69: Edward Hoff 211'04"  
 70-74: Robert Powell 194'00"  
 75-79: Robert Powell 165'09"  
 80-84: Herschel Smith 149'11"  
 85-89: Bruce McDonald[03] 102'02"  
 90-94: Jim Pechar 50'00"

**SWIMMING**

**50 Yd. Backstroke**

**Women**

50-54: Terry Freerks [05] 32.57  
 55-59: Teresa W McDowell [08] 36.19  
 60-64: Mary M Pohlmann [07] 38.57  
 65-69: Regan Kenner 43.49  
 70-74: Regan Kenner 42.60  
 75-79: Regan Kenner 47.19  
 80-84: Edith Hendry 1:00.20  
 85-89: Edith Hendry 1:05.14  
 90-94: Edith Hendry [01] 1:09.44  
 95-99: Edith Hendry [06] 1:23:46

**Men**

50-54: Jim Halliburton [09] 27.62\*  
 55-59: Bob Sine [09] 32.47\*  
 60-64: Al Coxon 35.65  
 65-69: Al Coxon [01] 35.33  
 70-74: Al Coxon [07] 38.18  
 75-79: Larry Good [09] 37.20\*  
 80-84: Carl Classen [05] 46.46  
 85-89: William Grant 53.14  
 90-94: William Grant [05] 1:04.45

**50 Yd. Breaststroke****Women**

50-54: Terry Freerks [04]	37.78
55-59: Carol Taylor	39.70
60-64: Carol Taylor	41.31
65-69: Carol Taylor	44.07
70-74: Regan Kenner	46.81
75-79: Regan Kenner	51.72
80-84: Adelle L McDavid [09]	1:08.6*
85-89: Elizabeth C. Robinson	1:31.69
90-94: Helen Roberts [04]	1:55.04

**Men**

50-54: Howard Harris	33.72
55-59: Howard Harris	33.60
60-64: Charles Shedd [04]	36.65
65-69: John Pohlmann [09]	36.12*
70-74: Ralph Brouk	39.06
75-79: Larry Good [09]	41.04*
80-84: Thomas Maine [06]	45.78
85-89: Hans F. Jacoby	54.54
90-94: William Grant [06]	1:29.88

**50 Yd. Butterfly****Women**

50-54: Terry Freerks [05]	31.36
55-59: Ardeth Mueller	30.80
60-64: Ardeth Mueller [06]	32.96
65-69: Ardeth R Mueller [07]	33.13
70-74: June Jordan [01]	56.21
75-79: Pat Matthiesen	1:13.92
80-84: Edith Hendry	1:27.59

**Men**

50-54: James Halliburton [09]	24.63*
55-59: Charles Shedd	29.52
60-64: Charles Shedd [04]	31.53
65-69: Al Coxon [02]	34.32
70-74: Thomas Maine	36.08
75-79: Larry Good [09]	39.81*
80-84: Thomas Maine [06]	43.12
85-89: William Grant [00]	1:09.04

**50 Yd. Freestyle****Women**

50-54: Terry Freerks [05]	29.31
55-59: Ardeth Mueller	28.05
60-64: Ardeth Mueller [06]	29.96
65-69: Ardeth R Mueller [07]	30.52
70-74: Annalou Carrier	41.15
75-79: Regan Kenner	45.63
80-84: Edith Hendry	50.45
85-89: Edith Hendry	1:00.90
90-94: Edith Hendry [01]	1:06.54
95-99: Edith Hendry [06]	1:22.18

**Men**

50-54: James Halliburton [09]	23.69*
55-59: Charles Shedd [02]	26.62
60-64: Charles Shedd [05]	27.84
65-69: Robert Blake	28.13
70-74: Robert Blake	29.63
75-79: Larry Good [09]	30.94*
80-84: Robert Blake [06]	35.28
85-89: William Grant	41.84
90-94: William Grant [05]	57.23

**100 Yd. Backstroke****Women**

50-54: Terry Freerks [05]	1:08.96
55-59: Teresa W McDowell [08]	1:19.17
60-64: Mary M Pohlmann [07]	1:24.54
65-69: Regan Kenner	1:32.24
70-74: Regan Kenner	1:32.89
75-79: Regan Kenner	1:40.99
80-84: Edith Hendry	2:16.53
85-89: Edith Hendry	2:31.88
90-94: Edith Hendry [01]	2:45.26
95-99: Edith Hendry [06]	3:08.34

**Men**

50-54: James Halliburton [09]	58.93*
55-59: Allan Kalb	1:16.81
60-64: Larry Good	1:15.70
65-69: Al Coxon [01]	1:19.52
70-74: Carl Classen	1:29.27
75-79: Larry Good [09]	1:21.47*
80-84: Thomas Maine [06]	1:43.72
85-89: William Grant [00]	2:07.46
90-94: William Grant [05]	2:40.62

**100 Yd. Breaststroke****Women**

50-54: Terry Freerks [05]	1:20.74
55-59: Catherine K Kohn [08]	1:25.50
60-64: Carol Taylor	1:33.21
65-69: Regan Kenner	1:37.18
70-74: Regan Kenner	1:42.29
75-79: Regan Kenner	1:54.83
80-84: Adelle L McDavid [09]	2:31.31*
85-89: Helen Roberts	3:33.16
90-94: Helen Roberts [04]	4:30.44

**Men**

50-54: Howard Harris	1:15.71
55-59: Charles Shedd [02]	1:16.23
60-64: Charles Shedd [04]	1:20.37
65-69: John T Pohlmann [09]	1:24.91*
70-74: Ed Rosenhauer[02]	1:31.08
75-79: Larry Good [09]	1:30.75*
80-84: Thomas Maine [06]	1:42.68
85-89: Hans F. Jacoby	2:11.52

**100 Yd. Butterfly****Women**

50-54: Terry Freerks [04]	1:09.24
55-59: Ardeth Mueller	1:11.06
60-64: Ardeth Mueller [06]	1:16.65
65-69: Ardeth R Mueller [07]	1:17.22
70-74: Caryl Smith [09]	2:19.03*
75-79: Pat Matthiesen	2:45.29
80-84: Polly Bailey-McCarthy	4:37.59

**Men**

50-54: James Halliburton [09]	56.00*
55-59: Charles Shedd	1:14.21
60-64: James H McNeil [09]	1:16.04*
65-69: Edward Rosenhauer	1:25.11
70-74: Thomas Maine	1:26.07
75-79: Thomas Maine [01]	1:31.93
80-84: Thomas Maine [06]	1:36.22

**100 Yd. Freestyle****Women**

50-54: Terry Freerks [05]	1:03.77
55-59: Ardeth Mueller	1:02.67
60-64: Ardeth Mueller [06]	1:06.65
65-69: Ardeth R Mueller [07]	1:07.80
70-74: Regan Kenner	1:33.19
75-79: Regan Kenner	1:39.18
80-84: Doris Peters[03]	1:56.49
85-89: Edith Hendry	2:21.84
90-94: Edith Hendry [01]	2:44.50
95-99: Edith Hendry [07]	3:12.40

**Men**

50-54: James Halliburton [09]	50.97*
55-59: Allan Kalb	1:00.58
60-64: Al Coxon	1:01.54
65-69: Al Coxon [02]	1:03.13
70-74: Al Coxon [07]	1:07.61
75-79: Larry Good [09]	1:08.69*
80-84: Robert Blake [06]	1:22.03
85-89: William Grant	1:44.57
90-94: William H. Grant [06]	2:33.67

**100 yd Individual Medley****Women**

50-54: Terry Freerks [04]	1:11.08
55-59: Laurie G Smith [08]	1:17.34
60-64: Ardeth Mueller [06]	1:22.14
65-69: Caryl G. Simon [04]	1:45.44
70-74: Doris Peters	1:56.07
75-79: Doris Peters	2:13.04
80-84: Doris Peters[03]	2:29.50

**Men**

50-54: James Halliburton [09]	1:00.06*
55-59: Charles Shedd [02]	1:10.77
60-64: Al Coxon	1:13.47
65-69: Al Coxon [01]	1:15.40
70-74: Al Coxon [06]	1:20.02
75-79: Larry Good [09]	1:24.03*
80-84: Thomas Maine [06]	1:33.40
85-89: William Grant	2:02.97

**200 Yd Backstroke****Women**

50-54: Terry Freerks [04]	2:29.65
55-59: Teresa McDowell [06]	2:48.87
60-64: Mary M Pohlmann [07]	3:01.91
65-69: Carol Taylor	3:34.15
70-74: Regan Kenner	3:17.81
75-79: Regan Kenner	3:34.83
80-84: Doris Peters [04]	5:01.87
85-89: Edith Hendry	5:38.30
90-94: Edith Hendry [01]	5:51.76
95-99: Edith Hendry [06]	6:55.49

**Men**

50-54: James Halliburton [09]	2:10.05*
55-59: Bob Spine [09]	2:35.03*
60-64: William C Haas [07]	2:55.43
65-69: Al Coxon [01]	2:57.54
70-74: Al Coxon [06]	3:12.44
75-79: Larry Good [09]	2:58.08*
80-84: Thomas Maine [06]	3:34.04
85-89: William Grant	4:52.80

## 200 Yd Breaststroke

<b>Women</b>	
50-54: Terry Freerks [05]	2:50.49
55-59: Laurie G Smith [08]	3:21.78
60-64: Bonnie C. Bence [06]	3:48.65
65-69: Caryl G. Simon [04]	4:04.35
70-74: Caryl G Simon [08]	4:29.53
75-79: Adelle McDavid [05]	4:54.59
80-84: Adelle L McDavid [09]	5:10.28*

<b>Men</b>	
50-54: Keith Loving [05]	3:00.58
55-54: Howard Harris [03]	2:58.15
60-64: Charles Shedd [04]	3:01.62
65-69: John T Pohlmann [09]	3:18:13*
70-74: Ed Rosenhauer [04]	3:49.37
75-79: Larry Good [09]	3:21.05*
80-84: Thomas Maine [06]	3:45.27
85-89: Erich Dahl [05]	6:30.84

## 200 Yd. Freestyle

<b>Women</b>	
50-54: Terry Freerks [05]	2:16.62
55-59: Ardeth Mueller	2:18.91
60-64: Ardeth Mueller [06]	2:26.14
65-69: Ardeth R Mueller [07]	2:29.13
70-74: Jean Schnorbus	3:34.13
75-79: Clara Sotak [01]	3:51.88
80-84: Doris Peters [04]	4:40.37
85-89: Edith Hendry	5:10.42
90-94: Edith Hendry [01]	5:55.66
95-99: Edith Hendry [07]	7:04.69

<b>Men</b>	
50-54: James Halliburton [09]	1:53.43*
55-59: Bill Haas [01]	2:22.77
60-64: Al Coxon	2:20.32
65-69: Al Coxon [01]	2:28.69
70-74: Robert Blake	2:44.30
75-79: Larry Good [09]	2:39.00*
80-84: Thomas Maine [06]	2:57.89
85-89: William Grant	3:54.59

## 200 Yd. Individual Medley

<b>Women</b>	
50-54: Teresa McDowell [05]	2:31.93
Terry Freerks [05]	2:31.93
55-59: Laurie G Smith [08]	2:50.31
60-64: Mary M Pohlmann [08]	3:16.03
65-69: Carol Taylor	3:26.84
70-74: Doris Peters	4:16.16
75-59: Doris Peters	4:53.35
80-84: Polly Bailey-McCarthy [03]	8:04.11

<b>Men</b>	
50-54: James Halliburton [09]	2:15.85*
55-59: Bill Haas [02]	2:42.19
60-64: Bill Haas [05]	2:50.66
65-69: Al Coxon [01]	2:58.00
70-74: Thomas Maine	3:06.51
75-79: Larry Good [09]	3:02.45*
80-84: Thomas Maine [06]	3:23.24
85-89: William Grant	4:38.23

## 500 Yd. Freestyle

<b>Women</b>	
50-54: Terry Freerks [05]	6:02.94
55-59: Ardeth Mueller	6:07.07
60-64: Ardeth Mueller [06]	6:31.22
65-69: Carol Taylor	8:22.77
70-74: Clara Sotak	9:06.84
75-79: Clara Sotak [01]	9:55.55
80-84: Doris Peters [03]	11:33.65

85-89: Edith Hendry	14:18.94
90-94: Edith Hendry [01]	16:50.91

<b>Men</b>	
50-54: James Halliburton [09]	5:16.28*
55-59: Bill Haas [02]	6:24.39
60-64: Bill Haas [08]	6:23.44
65-69: Al Coxon [01]	6:46.09
70-74: Robert Blake	7:36.89
75-79: Larry Good [09]	7:25.21*
80-84: Thomas Maine [06]	8:02.68
85-89: William Grant	11:49.87

## TRACK & FIELD

### 50 Meter Dash

<b>Women</b>	
50-54: Denise McField [06]	7.40
55-59: Peggy O'Neill [01]	8.00
60-64: Helen Stephens	8.58
65-69: Mary Ares [03]	7.14
70-74: Christel Donley [09]	8.37*
75-79: Lucille Monroe	9.40
80-84: Lucille Monroe	9.91
85-89: Lucille Monroe [01]	10.58
90-94: Anna Marie Ward	15.56

<b>Men</b>	
50-54: Tom Ott [02]	6.38
55-59: Marty B McClintock [09]	6.53*
60-64: James Bridwell	6.59
65-69: Paul Saunders	6.80
70-74: Paul Saunders	7.30
75-79: Ron E Jelinek [09]	7.74*
80-84: Curt Davison [09]	7.91*
85-89: Paul McDowell	9.40
90-94: Paul McDowell	11.02

### 100 Meter Dash

<b>Women</b>	
50-54: Denise McField [06]	15.02
55-59: Peggy O'Neill [01]	15.06
60-64: Jane Clarkson	16.60
65-69: Lavina Haefele	16.40
70-74: Marie Uebel	16.80
75-79: Lucille Monroe	18.20
80-84: Lucille Monroe	19.49
85-89: Lucille Monroe	20.84
90-94: Anna Marie Ward	32.68

<b>Men</b>	
50-54: David Golden	12.31
55-59: Harry Guth	12.14
60-64: Charles Beaudry	11.87
65-69: Gilberto Gonzales	12.71
70-74: Benjamin Thomas	13.48
75-79: Curt Davison [02]	15.08
80-84: Curt Davison [05]	15.74
85-89: Erich Dahl [09]	19.38*
90-94: Paul McDowell	23.05

### 200 Meter Dash

<b>Women</b>	
50-54: Denise McField [06]	30.49
55-59: Debbie Stiles [07]	33.82
60-64: Jane Clarkson	35.10
65-69: Lavina Haefele	35.40
70-74: Lavina Haefele	36.00
75-79: Lucille Monroe	40.20
80-84: Lucille Monroe	42.57
85-89: Marie Uebel	58.31
90-94: Anna Marie Ward	1:15.60

<b>Men</b>	
50-54: Steven L Trulasko [07]	25.54
55-59: David Golden	25.66
60-64: Jim E Seiler [07]	26.66
65-69: Gilberto Gonzales	27.51
70-74: Paul Saunders	28.90
75-79: Curt Davison	32.80
80-84: Curt Davison [06]	34.74
85-89: Emmett Bennett	42.05
90-94: Paul McDowell	52.54

### 400 Meter Run

<b>Women</b>	
50-54: Linda Yates [09]	1:19.83*
55-59: Jane Clarkson	1:18.80
60-64: Jane Clarkson	1:21.70
65-69: Margareta Lambert	1:26.80
70-74: Molly Mackown	1:40.30
75-79: Dottie Gray [01]	1:52.95
80-84: Anna Marie Ward	2:21.50
85-89: Anna Marie Ward	2:52.00
90-94: Anna Marie Ward	3:11.34

<b>Men</b>	
50-54: Ike Murphy [01]	58.00
55-59: Greg Sargent	58.94
60-64: J.A. Abels [08]	1:04.63
65-69: J.A. Abels [09]	1:03.97*
70-74: Paul Schmitt	1:08.90
75-79: Paul Schmitt	1:14.40
80-84: Myron Bishop	1:29.30
85-89: Emmett Bennett	1:43.25

### 800 Meter Run

<b>Women</b>	
50-54: Marcia Pruett	3:03.53
55-59: Carolyn Wilson	3:07.56
60-64: Carolyn Wilson	3:09.11
65-69: Margareta Lambert	3:15.10
70-74: Dottie Gray	3:59.31
75-79: Madonna Buder [08]	4:24.25
80-84: Dottie Gray [06]	5:29.71
85-89: Anna Marie Ward	6:42.70
90-94: Anna Marie Ward	7:26.90

<b>Men</b>	
50-54: Greg Sargent	2:22.09
55-59: Greg Sargent	2:16.80
60-64: Jack Gentry	2:27.60
65-69: Joseph Bell	2:42.52
70-74: Paul Schmitt	2:51.70
75-79: Paul Schmitt	3:01.40
80-84: John Pianfetti	3:46.90
85-89: Emmett Bennett	4:17.55

### 1500 Meter Power Walk

<b>Women</b>	
50-54: Nancy Sido [03]	9:01.18
55-59: Rhea Jacobs	10:39.71
60-64: Joan Schwartz[03]	10:46.38
65-69: Mary Pat Henehan [08]	11:27.00
70-74: Mary Specking [02]	11:36.34
75-79: Tiby Stone	11:48.04
80-84: Minna Charles [05]	12:57.06
85-89: Edith Cooper	13:17.28

<b>Men</b>	
50-54: David Coutts [06]	7:01.82
55-59: Jerry Kaimann [01]	8:51.47
60-64: Chuck Lieberman [06]	8:09.44
65-69: Wayne Oetting [05]	9:23.14
70-74: Phocion S. Park	9:58.03
75-79: Tom Kirley	10:04.53
80-84: Russell E. Callahan	9:53.54
85-89: Carl Rosemann [04]	12:30.00
90-04: Carl Rosemann [09]	12:52.00*

### 1500 Meter Race Walk

<b>Women</b>	
50-54: Nancy Sido [02]	8:51.68
55-59: Ruth Eberle	8:23.00
60-64: Ruth Eberle	8:13.60
65-69: Ruth Eberle	8:24.43
70-74: Ruth Eberle [03]	9:01.43
75-79: Maurine R Lia [08]	9:35.00
80-84: Irene Schankmah [09]	12:22.91*
85-89: Anna Marie Ward	14:07.20
90-94: Anna Marie Ward	5:01.10

<b>Men</b>	
50-54: David Coutts [06]	7:05.05
55-59: Alan Poisner	8:35.40
60-64: Jack Griswald	8:28.10
65-69: Jerard K. Hargis	8:58.58
70-74: Thomas Kirley	9:02.60
75-79: Thomas Kirley	9:21.80
80-84: Russell Callahan [01]	10:21.00
85-89: Paul McDowell	11:42.70
90-94: Leslie Boos	19.14.00

### 1500 Meter Run

<b>Women</b>	
50-54: Debbie M Repp [07]	6:09.57
55-59: Carolyn Wilson	6:18.75
60-64: Carolyn Wilson	6:42.00
65-69: Margareta Lambert	6:52.10
70-74: Madonna Buder [03]	7:37.26
75-79: Madonna Buder [06]	8:12.84
80-84: Dottie Gray [06]	11:02.94
85-89: Anna Marie Ward	12:59.20
90-94: Anna Marie Ward	14:39.90

<b>Men</b>	
50-54: James Crowe [04]	4:45.87
55-59: Jack Gentry	4:53.70
60-64: Leon Fennell	5:16.60
65-69: Joseph Bell	5:37.10
70-74: Paul Schmitt	5:48.80
75-79: John Boots	6:08.00
80-84: John Pianfetti	7:53.30
85-89: Joseph Harold Bell [09]	7:36.3*

### 5000 Meter Run

<b>Women</b>	
50-54: Debbie M Repp [07]	22:47.15
55-59: Carolyn Wilson	23:29.00
60-64: Madonna Buder	23:31.00
65-69: Dottie Gray	25:51.00
70-74: Sr Madonna Buder	26:02.19
75-79: Madonna Buder [08]	29:31.00
80-84: Dottie Gray [08]	41:51.00

<b>Men</b>	
50-54: Bobby Williams [04]	7:24.53
55-59: Leon Fennell	18:08.00
60-64: Leon Fennell	18:54.50
65-69: Ernie Herschfeld	19:55.00
70-74: Ernie Herschfeld	21:33.90
75-79: Ernie Herschfeld [02]	21:57.96
80-84: John Pianfetti	28:14.00

85-89: John Pianfetti	35:25.40
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### 10,000 Meter Run

<b>Women</b>	
50-54: Debbie Repp [07]	46:09
55-59: Dottie Gray	50:11
60-64: Sister Madonna Buder	48:32
65-69: Dottie Gray	51:31
70-74: Sr Madonna Buder [02]	55:01
75-79: Polly Bailey-McCarthy	1:08:13
80-84: Dottie Gray [08]	1:29:01

<b>Men</b>	
50-54: Bobby Williams [04]	35:49
55-59: Leon Fennell	37:00
60-64: Leon Fennell	38.06
65-69: Ernie Herschfeld	42:28
70-74: Patrick W. Gallagher	44:08
75-79: Charles Lebrell	58:47
80-84: Henry M. Ema [01]	1:07:18
85-89: John Pianfetti	1:07:32

### Discus

<b>Women</b>	
50-54: Concetta Strobach	91'03.50"
55-59: Char Sobkowski	87'09.00"
60-64: Helen Stephens	82'01.00"
65-69: Helen Stephens	73'06.00"
70-74: Char Sobkowski [08]	61'6.5"
75-79: Mary Jane Miller [03]	51'50.00"
80-84: Carolyn Clark	38'06.00"
85-89: Claire Vieth	38'02.00"

<b>Men</b>	
50-54: Valentino Martinez	159'05.00"
55-59: Valentino Martinez	139'07.50"
60-64: Richard Cochran[01]	175'00.00"
65-69: Richard Cochran	173'05.00"
70-74: Phil Brusca	119'07.00"
75-79: Phil Brusca [04]	109'02.50"
80-84: Bruce F. McDonald	96'00.00"
85-89: Bruce McDonald[03]	74'07.50"
90-94: Gene Maloney	53'09.00"

### High Jump

<b>Women</b>	
50-54: Kathy Lord [08]	4'06.00"
55-59: Peggy O'Neill [01]	3'10.00"
60-64: Charmaine Sobkowski	3'08.50"
65-69: Joan S. Graves	3'08.50"
70-74: Joan S. Graves [02]	3'08.00"
75-79: Jeanne Glaub [02]	3'02.00"
80-84: Marie Uebel	3'01.00"
85-89: Marie Uebel	2'06.00"

<b>Men</b>	
50-54: Ken Cooper	5'07.00"
55-59: Marty B McClintock [08]	5'08.00"
60-64: John Carrington [08]	5'04.00"
65-69: Larry A Rheams [08]	5'04.00"
70-74: Ronald W Dennert [08]	4'08.00"
75-79: C.L. Bruce [08]	4'04.00"
80-84: Curt Davison [08]	4'02.00"
85-89: Paul McDowell	3'00.00"

### Javelin

<b>Women</b>	
50-54: Connie M Strobach	100'09.50"
55-59: Char Sobkowski	78'04.00"
60-64: Mary Jane Miller	78'07.50"
65-69: Helen Stephens	72'10.00"
70-74: Christel Donley [09]	69'02.00**
75-79: Marie Uebel	44'07.50"

80-84: Mary Jane Miller [09]	47'00.00**
85-89: Marie Uebel	39'11.50"

<b>Men</b>	
50-54: John Schrock [04]	155'11.00"
55-59: Robert Orell [09]	139'05.00**
60-64: Don Mather	142'00.50"
65-69: Don Mather	131'02.00"
70-74: Phillip Brusca	121'00.00"
75-79: E. Lee Todd	106'11.00"
80-84: Bruce F. McDonald	106'01.00"
85-89: Bruce McDonald	90'07.00"
90-94: Gene Maloney	34'05.00"

### Pole Vault

<b>Women</b>	
50-54: Janet M Ossie [09]	6'00**
55-59: Jane B. Kaiser [04]	5'06"
: Martha Roper [07][06]	5'06"
60-64: Jane Kaiser [09]	5'00**
: Martha Roper [09]	5'00**

<b>Men</b>	
50-54: Pete O Broeder [09]	11'06**
55-59: John C Schrock [06]	10'03"
60-64: Daniel Limbaugh [09]	9'06**
65-69: Robert Pryor [06]	8'00"
70-74: Grover Wilcher [05]	8'00"
75-79: John A Weiss [02]	7'06"
80-84: Cecil Clark [04]	4'06"

### Running Long Jump

<b>Women</b>	
50-54: Rebecca Hoogheem [07]	12'10.00"
55-59: Peggy O'Neill [01]	11'09.25"
60-64: Joan Graves	10'08.00"
65-69: Char Sobkowski [02]	13'02.75"
70-74: Lavina Haefele	11'06.50"
75-79: Lavina Haefele	7'11.00"
80-84: Marie Uebel	7'04.50"
85-89: Marie Uebel	5'07.25"

<b>Men</b>	
50-54: Gordon Reiter	16'06.50"
55-59: Don Schneider	16'09.00"
60-64: Walter Diggs	16'01.75"
65-69: Paul Saunders	15'07.50"
70-74: Gilberto Gonzales	14'04.25"
75-79: Cecil Clark	12'01.75"
80-84: Curt Davison [09]	9'11.38**
85-89: Paul McDowell	9'00.25"
90-94: Paul McDowell	6'01.50"

### Shot Put (Metric Weight Shot)

<b>Women</b>	
50-54: Connie M Strobach [01]	36'09.50"
55-59: Myrle Symonds [06]	36'9.75"
60-64: Wanda Wejzgrowicz	28'11.00"
65-69: Joan Graves	26'05.00"
70-74: Helen Stephens	27'05.00"
75-79: Helen Stephens	22'06.00"
80-84: Claire Vieth	18'08.00"
85-89: Claire Vieth	16'11.00"

<b>Men</b>	
50-54: Bob Peters [01]	43'09.25"
55-59: Bob Peters [03]	43'00.00"
60-64: Richard Cochran [01]	43'03.25"
65-69: Richard Cochran [02]	43'08.25"
70-74: Phil Brusca	44'01.00"
75-79: Phil Brusca [03]	37'06.00"
80-84: Phillip F Brusca [07]	35'02.00"
85-89: Bruce McDonald[04]	26'05.00"
90-94: Gene Maloney	19'04.00"

## Standing Long Jump

### Women

50-54: Maureen Halloran [05]	6'09.75"
55-59: Peggy O'Neill [01]	7'01.50"
60-64: Helen Darnall	6'01.25"
65-69: Helen Stephens	7'04.25"
70-74: Helen Stephens	6'03.00"
75-79: Marie Uebel	5'09.00"
80-84: Marie Uebel	5'01.50"
85-89: Marie Uebel	4'05.00"
90-94: Anna Marie Ward	2'08.00"

### Men

50-54: Len Fitts	8'08.00"
55-59: Bill Donelson	8'06.75"
: Walter Diggs	8'06.75"
60-64: Walter Diggs	8'07.50"
65-69: Larry Rheams [09]	8'07.75**
70-74: Paul Saunders	7'11.25"
75-79: Tom Walsh	7'06.00"
80-84: Robert E. Powell	6'09.50"
85-89: Paul McDowell	4'09.00"
90-94: Tom J Walsh [07]	4'11.25"

## Triple Jump

### Women

55-59: Jane B Kaiser [08]	20'00.5"
60-64: Janet M Ossie [09]	21'02".0"
70-74: Christel Donley [09]	23'03.5**

### Men

50-54: Chris Wallace [08]	31'03.0**
55-59: Clint McCann [09]	30'02.0"
60-64: Larry A Rheams [07]	29'04.0"
65-69: Larry A Rheams [08]	29'01.5"
70-74: Wendell W Roehrs [07]	25.00.0"
75-79: Ron E Jelinek [07]	22'00.0"
80-84: Curt Davison [07]	17'11.0"

## WEIGHTLIFTING

### Arm Curls

#### Women

50-59, 0-130: Deborah R Diamond [08]	85
50-59, 131-160: Rose Tashner [09]	75*
50-59, 161+: Connie Strobach [06]	75
60-69, 0-130: Mary K Canavan [09]	55*
60-69, 131-160: Elaine Heisler [09]	70*
60-69, 161+: Connie M Strobach [08]	90
70-79, 0-130: Fela Igielnik [06]	35
: Laverne Meier [04]	35
80-89, 0-130: Audrey Nobbe [04]	40
80-89, 131-160: Audrey Nobbe [06]	45
80-89, 161+: Mary M Rigney [09]	50*

#### Men

50-59, 0-165: Mike Tysdal [07]	130
50-59, 166-195: Rob J Furey [08] [07]	140
50-59, 196-225: Peter Erlichson [07]	160
: Michael Wheatley [09]	160*
50-59, 226+: Johnny M Eagleston [08]	150
: Glennon May [09]	150*
60-69, 0-165: Richard Morris [05]	105
60-69, 166-195: Art W Maas [08]	160
: Bob Heisler [09]	160*
60-69, 196-225: Allyn Hinton [05]	150
: Tom E Canavan [09]	150*
60-69, 226+: Gene Schildnedcht [07]	160
70-79, 0-165: Richard Morris [07]	120
70-79, 166-195: Clifford A Birge [09]	125*
70-79, 196-225: Clifford A Burge [09]	125*
80-89, 0-165: Leonard Sova [09]	60*
80-89, 166-195: Russell G Weeks [06]	120
90+, 0-165: Eldren Sulhoff [09]	40*

### Bench Press

#### Women

50-59, 0-130: Deborah R Diamond [08]	135
50-59, 131-160: Rose Taschner [09]	110*
50-59, 161+: Victoria Reddic [07]	145
60-69, 0-130: Fran Armstrong [08]	85
: Mary K Canavan [09]	85*
60-69, 131-160: Elaine Heisler [09]	90*
60-69, 161+: Connie M Strobach [08]	115
70-79, 0-130: Fela Igielnik [06]	20
80-89, 0-130: Audrey Nobbe [04]	60
80-89, 131-160: Audrey Nobbe [06]	60
80-89, 161+: Mary M Rigney [09]	70*

#### Men

50-59, 0-165: Mike Tysdal [09]	260*
50-59, 166-195: Geoff R Melton [08]	295
50-59, 196-225: Peter Erlichson [07]	325
50-59, 226+: Greg Chrun [04]	425
60-69, 0-165: James McNeil [07]	200
60-69, 166-195: Art W Maas [08]	280
60-69, 196-225: Gerald R Walters [08]	280
60-69, 226+: William Barnickel [09]	380*
70-79, 0-165: Stuart Wallace [09]	175*
70-79, 166-195: Ken McKenna [07][05]	225
70-79, 196-225: Phillip Brusca [05]	180
80-89, 0-165: Robert A Maschal [09]	85*
: Leonard Sova [09]	85*
80-89, 166-195: Glenn H Jackson [09]	165*
90+, 0-165: Eldren Sulhoff [09]	65*

## Leg Press

### Women

50-59, 0-130: Deborah R Diamond [08]	415
50-59, 131-160: Margie Duenke [06]	350
: Rose Taschner [09]	350*
50-59, 161+: Joan Lee [07]	400
: Francis Ann Newkirk [04]	400
60-69, 0-130: Carol Kalseim [05]	400
60-69, 161+: Mary Pat Henehan [07]	420
70-79, 0-130: Maurine Lia[09]	300*
80-89, 0-130: Audrey Nobbe [04]	215
80-89, 131-160: Audrey Nobbe [09]	290*
80-89, 161+: Mary M Rigney [09]	300*

### Men

50-59, 0-165: Robert Cole [04]	750
50-59, 166-195: Robert Lee [07]	1000
50-59, 196-225: George R Huber [08]	925
50-59, 226+: Glennon May [07]	1050
60-69, 0-165: Curt Zitza [07]	700
60-69, 166-195: Art Maaz [07]	950
60-69, 196-225: Allyn Hinton [05]	1000
60-69, 226+: Gene Schildnedcht [07]	1150
70-79, 0-165: Robert Cole [04]	750
70-79, 166-195: Kenneth McKenna [07]	800
70-79, 196-225: Phillip Brusca [05]	580
80-89, 0-165: John Piperides [07][06]	475
80-89, 166-195: Russell G Weeks [08]	550
90+, 0-165: Eldren Sulhoff [09]	200*