

St. Louis Senior Olympics

Softball Homerun Derby Rules

GENERAL INFORMATION

1. Contestants must use official ball furnished by Senior Olympics.
2. Participants are encouraged to bring their own bats, but Senior Olympics will provide a few bats.

PLAYING RULES

1. Participants will have 3 practice swings.
2. The distance required to hit a homerun will be as follows:

Men

50-59 ~ 210 feet
60-69 ~ 200 feet
70-79 ~ 120 feet
80+ ~ 45 feet

Women

50-59 ~ 120 feet
60-69 ~ 90 feet
70+ ~ 30 feet

3. Each batter will get only one chance to hit his/her homeruns.
4. If the batter does not hit a homerun, one extra ball will be hit and the distance measured to ensure that each person has a score for results.
5. In case of a tie, the player with the most consecutive homeruns will be declared the winner. If a tie still remains, the player achieving the consecutive series earlier in the 10 swings will be the winner.