

St. Louis Senior Olympics

Water Volleyball Rules

Players	9 per team, co-ed
Age ranges	50-64, 65+
Court Size	41'8" x 20'10"
Pool Depth	4 ft.
Ball Size	24" inflatable beach ball
Net height	4 ft. from deck
Water temp.	85-86 degrees
Boundaries	A ball that hits the net is considered still in play (this includes serving) A ball that hits the back line is considered out A ball that hits the side of the pool is considered out A ball that hits the ceiling is considered out A ball that hits the net pole is considered out Players cannot touch or cross under the net at any time
Time Limit	Event Staff may adjust game times to ensure participation of all teams.
Serving	Server may move up to a line within 10 feet from the net while serving A serve is defined as any strike made with the hand. Throws/pushes are not allowed. A serve must make it over the net. Net serves are considered still in play.
Returning	A team may employ an unlimited number of hits when returning a volley. The same player may make multiple consecutive hits on the ball. No catching, lifting, holding or throwing allowed (at the ref's discretion)
Scoring	Rally score. Play to 15 points. Win by 2 points.
Spiking	From the front row only. No reaching over the net
Rotation	Server goes to the front line, then zig-zags back in an S-pattern. A minimum of four women must be in rotation for each team at all times. If a player rotates out, he must be replaced by a player of the same gender.
Substitution	Server exits, substitute enters rotation in his/her place
Tie Breaker	In case of a tie in Round Robin tournament, most wins declares the winner. If a tie persists, most points score in all Games.